

ABOUT THE PATIENT

Plymouth Spine & Health Center 16795 Cty. Rd. 24, Ste. 120, Plymouth, MN 55447

Name _____ Today's Date _____ Birth date _____ Age _____
 Address _____ City _____ State _____ Zip _____
 Home Phone _____ Cell Phone _____ Work Phone _____ Gender ☐ M ☐ F
 Significant Other's Name _____ Kid's Names and Ages _____
 Your Employer _____ Type of Work _____
 E-Mail Address _____ Have you been to a chiropractor before? ☐ No ☐ Yes
 Emergency Contact _____ Phone # _____
 Whom may we thank for referring you? _____
 Name of Medical Doctor(s) _____

- I authorize the doctor or his staff to render care as deemed appropriate for me and / or my child.
- I authorize Plymouth Spine to release and / or request records to or from other providers as may be necessary.
- I understand I am responsible for all bills incurred in this office.
- I authorize assignment of my insurance benefits (if applicable) directly to the provider.
- Person responsible for this account if other than the patient? _____
- For my balance my preferred payment method is: ☐ Cash ☐ Check ☐ Credit Card ☐ Car/Work Ins

Patient / Parent Signature _____

(This represents a long term authorization for all occasions of service)

Date _____

REASON FOR SEEKING CARE

PRESENT COMPLAINTS

1. _____ How long has this been an issue? _____
 Is it: ☐ Dull ☐ Sharp ☐ Ache ☐ Numb / Tingle ☐ Stabbing ☐ Constant ☐ Occasional ☐ Staying the same ☐ Getting worse
☐ Mild ☐ Moderate ☐ Severe ☐ Worse in the morning ☐ Worse in evening ☐ Pain radiates to _____
2. _____ How long has this been an issue? _____
 Is it: ☐ Dull ☐ Sharp ☐ Ache ☐ Numb / Tingle ☐ Stabbing ☐ Constant ☐ Occasional ☐ Staying the same ☐ Getting worse
☐ Mild ☐ Moderate ☐ Severe ☐ Worse in the morning ☐ Worse in evening ☐ Pain radiates to _____
3. _____ How long has this been an issue? _____
 Is it: ☐ Dull ☐ Sharp ☐ Ache ☐ Numb / Tingle ☐ Stabbing ☐ Constant ☐ Occasional ☐ Staying the same ☐ Getting worse
☐ Mild ☐ Moderate ☐ Severe ☐ Worse in the morning ☐ Worse in evening ☐ Pain radiates to _____
4. _____ How long has this been an issue? _____
 Is it: ☐ Dull ☐ Sharp ☐ Ache ☐ Numb / Tingle ☐ Stabbing ☐ Constant ☐ Occasional ☐ Staying the same ☐ Getting worse
☐ Mild ☐ Moderate ☐ Severe ☐ Worse in the morning ☐ Worse in evening ☐ Pain radiates to _____

5. Does your condition affect: ☐ Sleep ☐ Work ☐ Daily Routine ☐ Sitting ☐ Driving

6. What makes it better? _____

7. What makes it worse? _____

8. What Doctors have you seen for this? _____

9. Type of treatment: _____

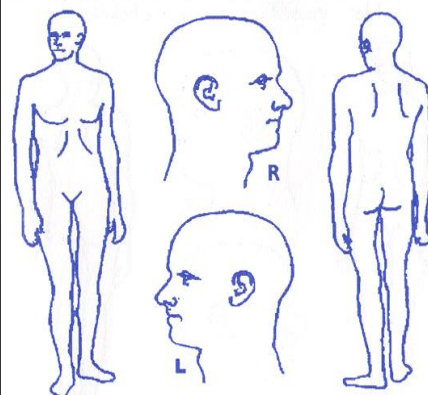
10. Results: _____

NOTES: _____

Are you pregnant?

☐ Yes ☐ No

Please mark *all* areas of concern.



GENERAL HEALTH HISTORY

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Patient Name _____

Mark the conditions that apply to you.

Past Present

- | | | |
|--------------------------|--------------------------|---|
| ☐ | ☐ | Alcohol Use ____ Drinks/Week |
| ☐ | ☐ | Anemia |
| ☐ | ☐ | Arthritis |
| ☐ | ☐ | Asthma |
| ☐ | ☐ | Bulging Disc |
| ☐ | ☐ | Cancer (Type _____) |
| ☐ | ☐ | Depression |
| ☐ | ☐ | Diabetes |
| ☐ | ☐ | Emphysema |
| ☐ | ☐ | Epilepsy |
| ☐ | ☐ | Fibromyalgia |
| ☐ | ☐ | Gout |
| ☐ | ☐ | Heart Disease |
| ☐ | ☐ | Headaches ☐ / Migraines ☐ |
| ☐ | ☐ | Hepatitis |
| ☐ | ☐ | Hernia |
| ☐ | ☐ | Herniated Disc |

Past Present

- | | | |
|--------------------------|--------------------------|------------------------------|
| ☐ | ☐ | High Blood Pressure |
| ☐ | ☐ | High Cholesterol |
| ☐ | ☐ | HIV Positive |
| ☐ | ☐ | Kidney Disease |
| ☐ | ☐ | Liver Disease |
| ☐ | ☐ | Multiple Sclerosis |
| ☐ | ☐ | Osteoporosis |
| ☐ | ☐ | Pacemaker |
| ☐ | ☐ | Parkinson's Disease |
| ☐ | ☐ | Pinched Nerve |
| ☐ | ☐ | Prostate Problem |
| ☐ | ☐ | Prosthesis (Location _____) |
| ☐ | ☐ | Rheumatoid Arthritis |
| ☐ | ☐ | Stroke History |
| ☐ | ☐ | Thyroid |
| ☐ | ☐ | Other: _____ |
| ☐ | ☐ | Other: _____ |

1. List any medications you are taking: _____

2. Please list all doctors: _____

3. Has any Doctor or other Professional Advised you to "Go to a Chiropractor"? ☐ No ☐ Yes, Name _____

PAST HISTORY

4. List any past auto collisions: _____ Was any care received? _____
5. List any past work injuries: _____ Was any care received? _____
6. List any past sport, recreational, or home injuries: _____
7. Please describe any past conditions and treatments received: _____

8. Please list any past hospitalizations and surgeries: _____

FAMILY HISTORY

Father's side: ☐ Heart Disease ☐ Cancer ☐ Diabetes ☐ Heavy Medication use ☐ Arthritis ☐ Other _____

Mother's side: ☐ Heart Disease ☐ Cancer ☐ Diabetes ☐ Heavy Medication use ☐ Arthritis ☐ Other _____

Is there any other family history you want us to know? _____